



**THE
RESILIENCE
DOUGHNUT®**

Part of The Resilience Centre.
Over 20 years of resilience-based research,
practice and training in Sydney, Australia.



The
Resilience Centre



APS Australian
Psychological
Society
Believe in Change



**NSW
EDUCATION
STANDARDS
AUTHORITY**

Facilitator Agreement - Child and Adolescent

www.resiliencedoughnutuk.com | hello@resiliencedoughnutuk.com

The Facilitator Training gives you a license to use The Resilience Doughnut with children and adolescents within your own organisation, along with an in-depth understanding of resilience, which will inform your practice. Through this training, we are confident that you are well equipped with the knowledge, understanding, skills, resources and ongoing support to facilitate The Resilience Doughnut effectively.

The Resilience Doughnut is a psychological model and, as a result, the licensing structure exists to ensure the model is applied ethically, safely and with a high standard of quality assurance. The Resilience Doughnut is protected by intellectual property rights and is a Registered Trademark and, as a result, the licensing structure also exists to protect these rights.

If you work or volunteer for an organisation, the Facilitator licence is held by you and not the organisation that you work or volunteer for. This applies, regardless of who paid for your training. It is your responsibility to comply with the conditions of your licence at all times.

Resilience Doughnut Facilitator (Child & Adolescent) - Schools and Colleges

You may:

1. Use The Resilience Doughnut with pupils on a one-to-one or group basis within your own school or college.
2. Deliver Resilience Doughnut information sessions for staff within your own school or college.
3. Use The Resilience Doughnut with parents of pupils within your own school or college.
4. Use The Resilience Doughnut within your own school or college, with parents of prospective pupils, as a part of transition.
5. Use The Resilience Doughnut within your own school or college, with prospective pupils, as a part of transition.
6. Provide a brief overview to others outside of your organisation, outlining how you have used The Resilience Doughnut within your organisation, as a part of sharing best practice. This must not include any practical application of the model.
7. Make brief reference to the theoretical concept of The Resilience Doughnut model to others outside of your organisation only as part of a wider presentation on wellbeing, mental health, resilience or similar. This must not include any practical application of the model and must not be the main focus of the presentation.

You may not:

- A. Train others, including those within your own organisation or practice, to deliver one-to-one or group sessions using The Resilience Doughnut.
- B. Pass on the resources to anyone else, including those within your own organisation or practice, for the purpose of enabling them to deliver one-to-one or group sessions using The Resilience Doughnut.
- C. Use The Resilience Doughnut on a one-to-one or group basis within / for any other school or organisation. This applies to all schools regardless of their membership of a partnership, local school cluster, TSA or Academy Trust etc.

- D. Charge others specifically for any Resilience Doughnut related activity.
- E. Advertise or promote The Resilience Doughnut outside of your own organisation / in the public domain, with the exception of *Logo Use*, as detailed below.
- F. Attempt to represent The Resilience Doughnut in the public domain.
- G. Host any form of Resilience Doughnut public information session with the exception of that detailed in (6) and (7) above.

Resilience Doughnut Facilitator (Child & Adolescent) - Non-school Organisations and Individuals

You may:

1. Use The Resilience Doughnut with individuals or groups of children, adolescents and parents on your own premises.
2. Use The Resilience Doughnut with children, adolescents and parents wherever you normally engage with them during your normal working week, including in their home, school, hospital, referral centre, detention centre etc **on a one-to-one basis only**.
3. Deliver Resilience Doughnut information sessions for staff within your own organisation.
4. Present the evidence / findings / outcomes at the end of your Resilience Doughnut facilitation to referrer organisations in the form of a written document or short presentation within the your own facilities or within the referral organisation (such as the school).
5. Provide a brief overview to others outside of your organisation, outlining how you have used The Resilience Doughnut within your organisation, as a part of sharing best practice. This must not include any practical application of the model.
6. Make brief reference to the theoretical concept of The Resilience Doughnut model to others outside of your organisation only as part of a wider presentation on wellbeing, mental health, resilience or similar. This must not include any practical application of the model and must not be the main focus of the presentation.

You may not:

- A. Train others, including those within your own organisation or practice, to deliver one-to-one or group sessions using The Resilience Doughnut.
- B. Pass on the resources to anyone else, including those within your own organisation or practice, for the purpose of enabling them to deliver one-to-one or group sessions using The Resilience Doughnut.
- C. Use The Resilience Doughnut on a one-to-one or group basis in other premises outside of those belonging to your organisation with the exception of that detailed in (2) above.
- D. Seek specific referrals from the public domain, schools, community organisations, local authorities, health bodies and other agencies for Resilience Doughnut facilitation. - Participants must be taken from **existing referrals** to your organisation / programme / project.
- E. Charge others specifically for any Resilience Doughnut related activity.

- F. Advertise / promote The Resilience Doughnut outside of your own organisation / in the public domain.
- G. Attempt to represent The Resilience Doughnut in the public domain.
- H. Host any form of public information session with the exception of that detailed in (5) and (6) above.

Logo Use

Facilitators are permitted to use The Resilience Doughnut logo on their own website or on the website of the organisation to which they work or volunteer. The logo must have a direct link to our UK and Ireland website, www.resiliencedoughnutuk.com. The logo must not be altered in any way.

Facilitators are not permitted to add The Resilience Doughnut logo to any other documents which will be used in the public domain.

The following information must be placed on the same document or website as the logo: *'The Resilience Doughnut and The Resilience Doughnut logo are international trademarks of The Resilience Doughnut Pty Ltd.'*

If you have any questions about any aspects of your licence, please contact us.